

## PBS Kansas: Statewide Planning in Positive Behavior Support

Rachel Freeman  
Jeanenne Lester  
Kristin Tate



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## What is Positive Behavior Support?

- ◆ Positive behavior support is the integration of
  - Valued outcomes
  - Behavioral and biomedical science
  - Validated procedures
  - Systems change

In order to enhance quality of life and prevent problem behavior

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## The Statewide Action Planning Process: Kansas

- ◆ This process has two parts, a snapshot or "state of the state" meeting and a strategic action planning meeting modeled after the PATH process (Pearpoint & Forest, 1986)

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## Snapshot Meeting Process

- ◆ Questions were presented on flip chart paper and recorded.
- ◆ This information is used to set the stage for
  - Obtain feedback about strengths and needs
  - Prepare for a statewide action planning process

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## Getting Started: Snapshot of PBS in KS June, 2005

- ◆ Stakeholders were brought together for the first day-long meeting to answer questions about PBS practices in the state. This process typically includes up to 50 people.
- ◆ Questions include:
  - What is PBS?
  - What is successful/what is working? Specified in Kansas as models of best practice.
  - What are barriers to continuity and access to PBS in the state?
  - How can we embed PBS in our state?
  - What do we need to develop continuity and access?

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## Kansas Statewide PBS Action Planning

Initiated in July, 2005

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## Stakeholder Participation

- ◆ Stakeholders who are familiar with PBS are invited from throughout the state to participate in the planning process
- ◆ Stakeholders include:
  - Families
  - Self-advocates
  - State level administrators representing government policy agencies, communities and schools
  - Service providers
  - Educators
  - Advocates
  - Community members

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## Statewide Adapted PATH Format

Next Steps	6 Months	12 Months	2 Years	3 Years	Vision

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## Kansas Statewide PBS Action Plan

### Current Subcommittees

- ◆ Training
- ◆ Evaluation
- ◆ Funding/Policy
- ◆ Systems Integration
- ◆ Public Awareness

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## Vision and Mission Statements

### ◆ PBS Kansas Mission Statement

The PBS Kansas (PBSKS) initiative promotes the use of proactive evidence-based strategies to meet the social and emotional needs of all Kansans by partnering across systems to enhance behavioral expertise and use new and existing resources in an efficient, effective manner.

### ◆ PBS Kansas Vision Statement

Healthy relationships built by Positive Behavior Support (PBS) enhance the quality of life across the life span.

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Kansas Institute for  
Positive Behavior Support

## Kansas Children and Family Services Statewide PBS Action Planning

### Next Steps:

Create Action Plan

Use KIPBS Facilitators Strategically

Use KIPBS Facilitator Donated Time to Contribute  
to Systems Change

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## Large Scale PBS Implementation

- ◆ Training one person in an organization is insufficient
- ◆ Create plans to change organizational approaches
  - How training occurs
  - Provide primary and secondary interventions
  - Improve tertiary supports
- ◆ Work at a state level to share resources strategically
- ◆ Provide free resources online for widespread dissemination

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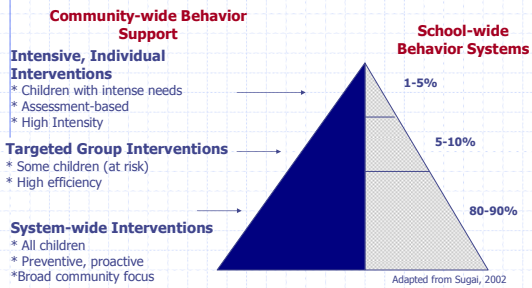
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## Using the School-wide PBS Model: The Triangle of Prevention



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## Goal Systems Change: Working Together to Encourage Implementation of PBS

Primary, Secondary, & Tertiary Support Using an Interagency Planning Process

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## Systems-level Approaches Across Agencies

- ◆ Create a planning team
- ◆ Conduct a self assessment
- ◆ Use data based decision making
- ◆ Online Library with search engine
- ◆ Link to KIPBS Facilitator training
- ◆ Share tools and processes with professionals in training

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## Supporting Children and Adults

- ◆ Focus on organizational systems change
  - Policies and procedures on PBS
  - Data based decision making
  - Training for staff, case managers, family members, child welfare professionals
  - Systems change to improve supports
- ◆ Community-wide interventions
- ◆ Identify children and adults at risk for more serious problem behavior proactively
- ◆ Teach PBS proactively
- ◆ Provide individual PBS plan facilitation

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## Evaluation Committee

- ◆ Nan Perrin
- ◆ Kerri Farr
- ◆ Nikki Wolf
- ◆ Rachel Freeman

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## Evaluation Activities

- ◆ The evaluation study consists of:
  - Content analysis of the planning documents
  - Interviews with stakeholders to address the perspective of participants
  - Meetings and attendance
  - Review of products created and outcomes reached

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## Content Analysis Information

- ◆ Each item in the snapshot and action plan was coded by thematic category
- ◆ The number of times themes occurred were analyzed in both meetings

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## What the Data Indicate

- ◆ The snapshot information was divided into two parts for the analysis of themes. The question "What is PBS?" resulted in distinctly different themes than the other questions.

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## What is PBS?

- ◆ Themes identified for this question were:
  - Values-driven
  - Research-based approaches
  - Broad applications (individual, SW, different populations, ongoing interventions)
  - Behavior is a form of communication
  - Elements of the PBS process
  - Person-centered planning
  - Relationship Building
  - Capacity for building systems change

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## Frequency of Responses Kansas

- ◆ 32 responses
- ◆ 8 themes
- ◆ Elements of the PBS process responses (10) were most frequent followed by:
  - Values-Driven (9)
  - Research-based (4), Systems Change (4)
  - Person-centered planning (2)
  - Broad applications (1), behavior is communication (1), Relationship building (1)

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## Characteristics of the Other Questions

- ◆ The other questions from the snapshot meeting and the statewide action plan addressed the state of the state with respect to PBS implementation
- ◆ Themes generated were:
  - Knowledge needed
  - Resource and system supports
  - People
  - Action to be taken
  - Values needed

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## What are Barriers to Implementation?

- ◆ 37 responses
  - Knowledge needed (6)
  - Resource and system supports (18)
  - People (3)
  - Actions to be taken (3)
  - Values (7)
  - Added 2 positives – progress so far in state and flexibility of current definition of services

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## What Resources are Available?

### ◆ 27 responses

- Knowledge needed (1-2)
- Resource and system supports (17)
- People (5)
- Actions to be taken (1)
- Values (2-3)

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## Our Vision?

### ◆ 15 responses

- Knowledge needed (1)
- Resource and system support (5)
- People (1)
- Actions to be taken (0)
- Values needed (8)

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## How Do We Increase Our Statewide Representation?

### ◆ 10 responses

- Knowledge needed (3)
- Resource and system support (2)
- People (0)
- Actions to be taken (5)
- Values needed (0)

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### Content Analysis of Kansas's Statewide Action Plan

- ◆ The same themes were used
- ◆ 42 responses
  - Knowledge needed (7)
  - Resource and system support (21)
  - People (0)
  - Actions to be taken (0)
  - Values needed (14)

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### Year 1 Initial Actions

- ◆ The statewide action planning process involved the division of the large group into committees to address year 2 and 3 goals
- ◆ These groups function as the subcommittees which work on action steps
- ◆ All of the action steps sort as "actions to be taken"

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### Major Outcomes for Year 1

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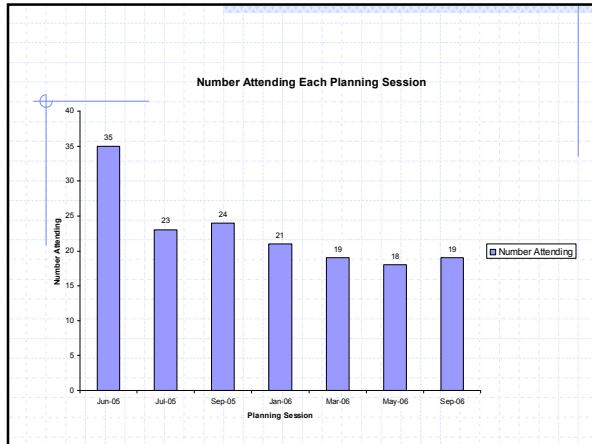
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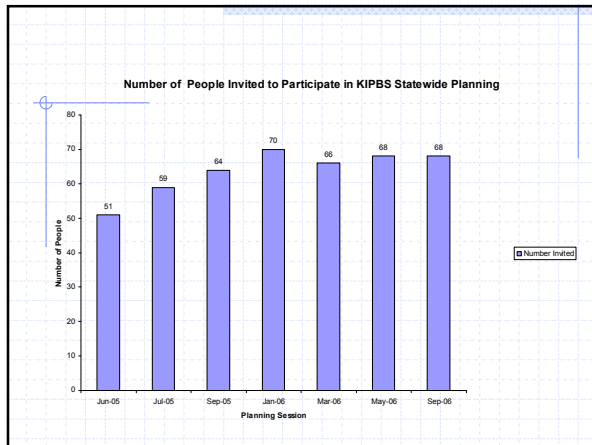
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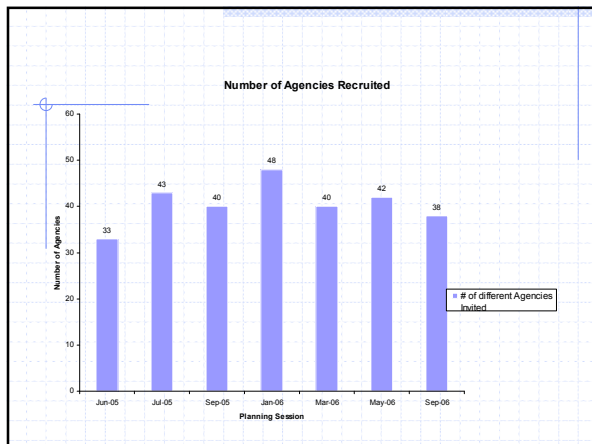
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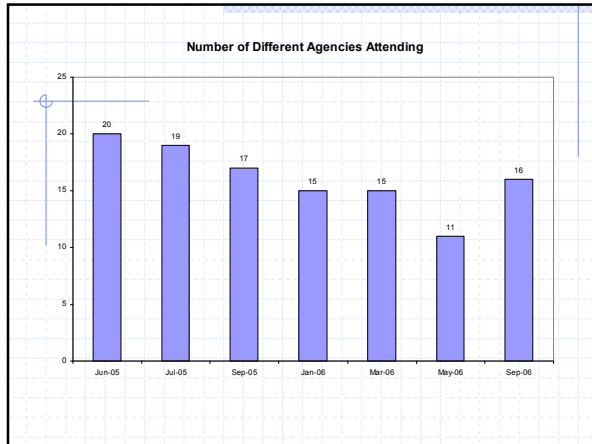
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- ### Products Generated Year 1: Process Documents
- ◆ Snapshot
  - ◆ Action Plan
  - ◆ Meeting Minutes
  - ◆ Children and Family Services Snapshot
  - ◆ Evaluation Protocol Form
  - ◆ Marketing Survey
  - ◆ Higher Education Survey

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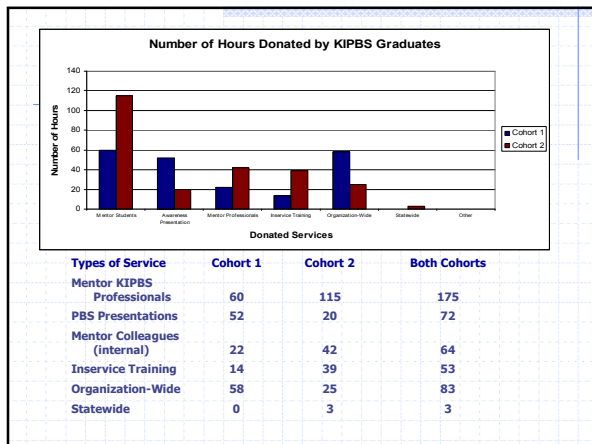
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## Products Generated Year 1

- ◆ Vision Statement
- ◆ Introduction to PBS packets
- ◆ Website
- ◆ Logo
- ◆ Permission for funds for a PBS Kansas Website

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## Fiscal Contributions Gained Related to PBS

- ◆ 2005: KIPBS funds dedicated to statewide PBS \$5,000
- ◆ 2006: KSDE contract to promote school-wide PBS \$25,000

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## Presentations/Publications About Statewide PBS

### Publications

- ◆ Association for PBS Newsletter
- ◆ TASH Connections

### Presentations

- ◆ 2006 APBS Reno Convention
- ◆ Interhab

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**Next PBS Kansas Meeting**

November 14 , 2006  
10 am to 4 pm  
Location: SRS Learning Center in Topeka,  
Kansas  
(2600 SW East Circle Drive South) – Room D

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**For More Information, Contact  
Pat Kimbrough**

patk@ku.edu

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