

**Fostering Partnerships with Families,  
Professionals, and the Greater Community using  
Positive Behavior Support (PBS)**

**Nan Perrin, Community Living Opportunities  
&  
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University of Kansas**

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### Purpose of Presentation

- Share information about positive behavior support (PBS) in Kansas
- Describe how individuals in Kansas are working together to increase the use of PBS
- Discuss how you can get involved

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### Definition of Positive Behavior Support

- Positive behavior support is the integration of
  - Valued outcomes
  - Behavioral and biomedical science
  - Validated procedures
  - Systems change

In order to enhance quality of life and prevent problem behavior

*Note: PBS plans require our teams and those supporting adults to change their behavior*

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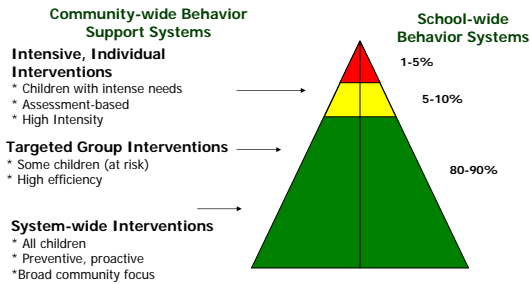
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## Expanding the Triangle to Community-based Organizations



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## Where is PBS Being Implemented?

- Kansas Institute for Positive Behavior Support
- PBS-Kansas
- Kansas Department of Education (KSDE) Multi-tier System of Supports
- Districts currently implementing School-wide PBS
- University professionals involved in PBS

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## Kansas Institute for Positive Behavior Support: Individual PBS Plan Training System

- Project Initiated in 2001
- Medicaid Director initiated PBS project
- Training program match with KU (federal fiscal participation)
- Statewide match for reimbursement
- Kansas State Plan includes PBS
  - Children who are Medicaid eligible (physical health screen)

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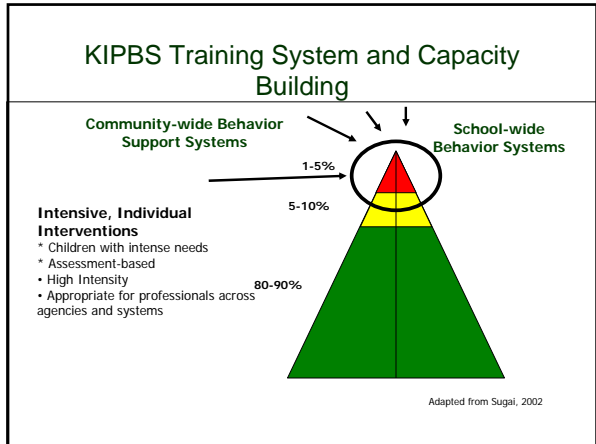
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- ### Intensity Level of KIPBS Training
- Highly intensive “trainer of trainer” case study approach
  - Increase the number of professionals who will teach others how to implement PBS
  - Smaller number of professionals eligible to bill for PBS services & receive Medicaid reimbursement
  - Curriculum embeds systems change and public health prevention model

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- ### Over 90 Professionals Trained Representing...
- Developmental Disability Services
  - Mental Health
  - Children and Family Services
  - Education
  - Independent Contractors
  - District Tertiary Trainers in School-wide Positive Behavior Support (SWPBS)

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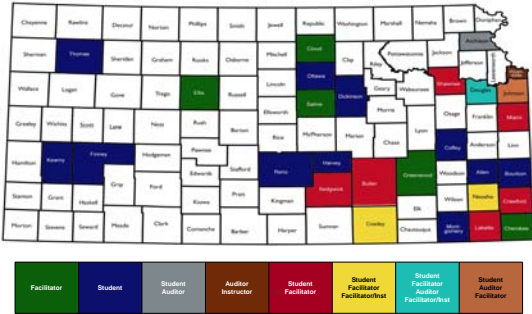
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Create a Small Cadre of Highly Trained Facilitators  
Connected to SWPBS and Organization-wide PBS




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Learn More About Training  
Opportunities at the Kansas  
Institute for PBS

[www.kipbs.org](http://www.kipbs.org)  
Pat Kimbrough  
patk@ku.edu

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What is Positive Behavior  
Support?

What is PBS-Kansas?  
[www.pbskansas.org](http://www.pbskansas.org)

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## Logic Model: Creating a Sustainable Vision

- A simplified picture of a program, initiative, or intervention
- Shows the logical relationships among the resources that are invested, the activities that take place, and the benefits or changes that result

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## Logic Models

- Explain what your project is all about
- Holds us accountable to what we said we were trying to achieve
- Helps build a team-based process for leading a project
- Provides a way to make decisions
  - Does an activity fit within the logic model?

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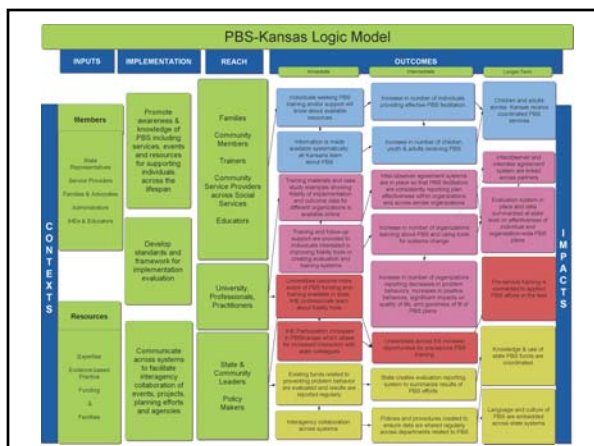
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## KIPBS and Regional Planning

Purpose: To increase interagency collaboration and build unified PBS efforts within regions in Kansas

Regional Interagency Planning is Starting in an Area Near You:

- Southeast Kansas
- Salina Area
- Shawnee Mission
- Topeka (coming soon!)

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## Southeast Kansas Positive Behavior Support Regional Planning-Initial Committee Meeting

November 4, 2009

Kelcey Schmitz  
University of Kansas

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## Initial Meeting-Agencies represented

- Allen, Neosho, Woodson, Wilson Special Education Cooperative (ANW Coop)
- SEK Interlocal #607
- Kansas Parent Information and Resource Center
- Head Start
- Tri Valley Developmental Services
- KIPBS-KU

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## Potential Partnering Agencies

- Identified potential partnering agencies
- Identified individuals at each agency
- Survey identified individuals/agency
- Gather/Summarize Data and utilize to plan an event including potential partnering agencies

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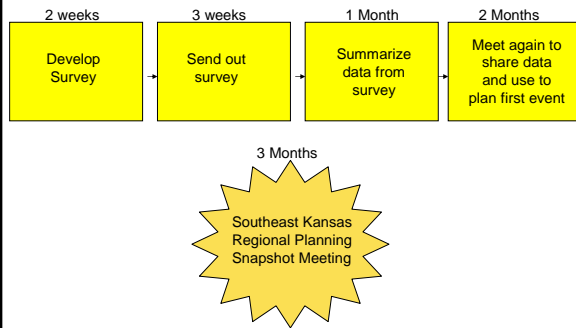
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## Timeline



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## School-wide Positive Behavior Support

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 Kansas  
 Multi-Tiered System of Support




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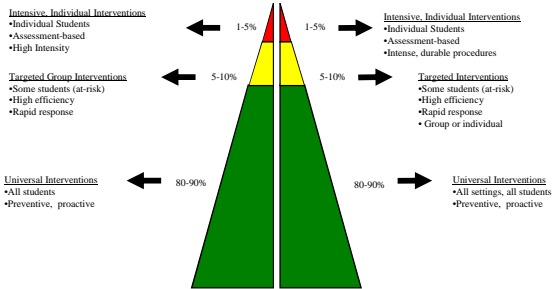
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### Designing School-Wide Support Systems for Student Success

#### Academic Systems

#### Behavioral Systems




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### School-wide Positive Behavior Support and KIPBS

- Consortium of Districts implementing SWPBS
- 8 districts over 50 schools implementing during 2009-2010
- Team and coach training through contracts and regional collaboration
- KIPBS tertiary training used to build district capacity

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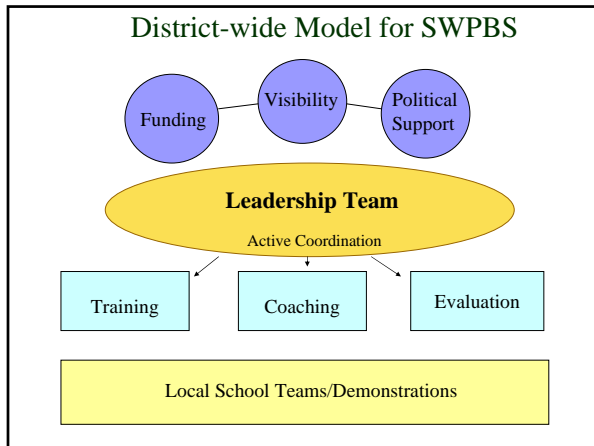
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- ### Examples of Districts Implementing School-wide Positive Behavior Support
- El Dorado School District
  - Eudora School District
  - Gardner/Edgerton School District
  - Haysville School District
  - Kansas School for the Deaf
  - Parsons School District (Lincoln Elementary)
  - Salina School District
  - Shawnee Mission School District

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- ### Example: Salina District Leadership Team (First Implementation Year)
- Salina School District Leadership Team action plan
    - Identify behavioral expertise within the district and schools
    - Identify a district tertiary team
    - Recruit community professionals to participate in KIPBS training
    - Case studies from KIPBS are implemented in schools implementing PBS
    - Some team members audit KIPBS and collaboratively learn the process without putting in as much time

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**Salina Regional Planning Example  
Revisited**

- District leadership team implementing SWPBS
- Team attends KIPBS training launch including the following members
  - District Coordinator
  - 2 mental health professionals
  - Elementary school coach
  - Counselor (high school)
  - 2 high school administrators (auditors only..sit in when they can)

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*“How can I help encourage  
PBS in my region?”*

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**Consider Steven Covey’s *The 7 Habits of Highly Effective People*:**

**"Habit 1: Be Proactive" is particularly useful when you feel powerless against life's forces.**

**Examine what you *can* do instead of focusing on worries over which you have no real control.**

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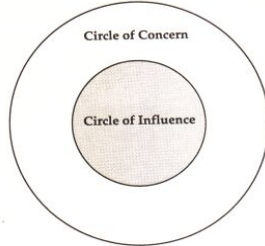
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1. First notice all your concerns (Circle of Concerns).
2. Among those concerns, determine where you can take action (Circle of Influence).




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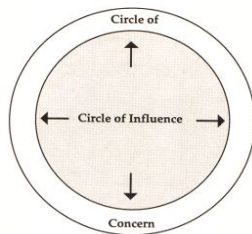
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3. Think of ways to be more proactive and address the things you can do something about. Your Circle of Influence will enlarge and your Circle of Concern will shrink.




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**Covey also distinguishes between the *have's* ("If only I had...") and the *be's* ("I can be...").**

- Focusing on what you don't like is disempowering.
- Focusing on what you can do is proactive and empowering.
- Steven Covey quotations:
  - Begin with the end in mind.
  - Live out of your imagination, not your history.
  - The best way you can predict your future is to create it.
  - If you put good people in bad systems you get bad results.
  - Accountability breeds response-ability.

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## Ideas for Getting Started

- Join us in PBS-Kansas
- Learn more about what schools and organizations are doing in your area
- Request a KIPBS presentation in your region
  - Send an email to patk@ku.edu
- Visit the PBS websites and become more informed
- Consider applying for the KIPBS training
  - Audit
  - Full Course

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## Websites in Kansas

- PBS-Kansas
  - [www.pbskansas.org](http://www.pbskansas.org)
- Kansas Institute for PBS
  - [www.kipbs.org](http://www.kipbs.org)
- Kansas Schoolwide PBS
  - [www.swpbs.org](http://www.swpbs.org)
- Beach Center on Families and Disability:
  - <http://www.beachcenter.org/>
- KSDE Website
  - [www.kansasmtss.org](http://www.kansasmtss.org)

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## National Websites

- International Association for PBS:
  - [www.apbs.org](http://www.apbs.org)
- National PBIS Center: [www.pbis.org](http://www.pbis.org)
- Center on the Social and Emotional Foundations for Early Learning (CSEFEL)
  - <http://www.vanderbilt.edu/csefel/www.html/>
- Technical Assistance Center on Social and Emotional intervention
  - <http://www.challengingbehavior.org/>

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