

Kansas Institute for Positive Behavior Support

Fostering Partnerships with Families, Professionals, and the Greater Community using Positive Behavior Support (PBS)

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Purpose of Presentation

- Share information about positive behavior support (PBS) in Kansas
- Describe how individuals in Kansas are working together to increase the use of PBS
- Discuss how you can get involved

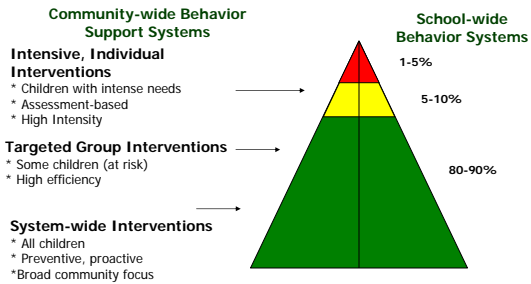
Definition of Positive Behavior Support

- Positive behavior support is the integration of
 - Valued outcomes
 - Behavioral and biomedical science
 - Validated procedures
 - Systems change

In order to enhance quality of life and prevent problem behavior

Note: PBS plans require our teams and those supporting adults to change their behavior

Expanding the Triangle to Community-based Organizations

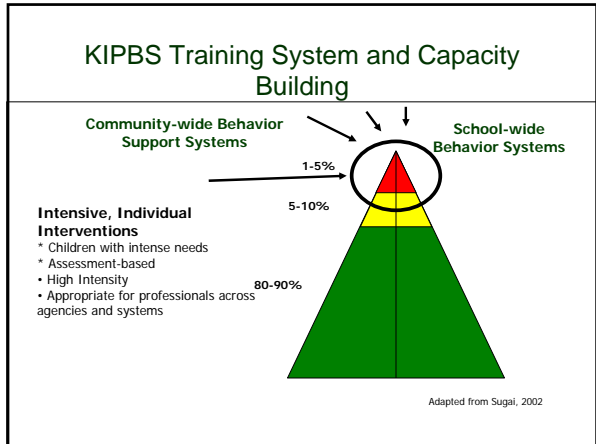


Where is PBS Being Implemented?

- Kansas Institute for Positive Behavior Support
- PBS-Kansas
- Kansas Department of Education (KSDE) Multi-tier System of Supports
- Districts currently implementing School-wide PBS
- University professionals involved in PBS

Kansas Institute for Positive Behavior Support: Individual PBS Plan Training System

- Project Initiated in 2001
- Medicaid Director initiated PBS project
- Training program match with KU (federal fiscal participation)
- Statewide match for reimbursement
- Kansas State Plan includes PBS
 - Children who are Medicaid eligible (physical health screen)



- ### Intensity Level of KIPBS Training
- Highly intensive “trainer of trainer” case study approach
 - Increase the number of professionals who will teach others how to implement PBS
 - Smaller number of professionals eligible to bill for PBS services & receive Medicaid reimbursement
 - Curriculum embeds systems change and public health prevention model

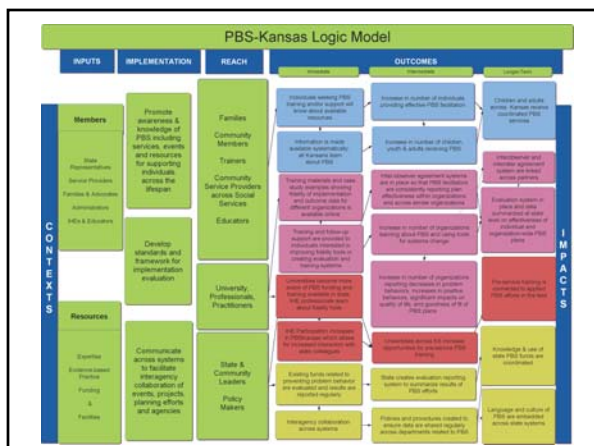
- ### Over 90 Professionals Trained Representing...
- Developmental Disability Services
 - Mental Health
 - Children and Family Services
 - Education
 - Independent Contractors
 - District Tertiary Trainers in School-wide Positive Behavior Support (SWPBS)

Logic Model: Creating a Sustainable Vision

- A simplified picture of a program, initiative, or intervention
- Shows the logical relationships among the resources that are invested, the activities that take place, and the benefits or changes that result

Logic Models

- Explain what your project is all about
- Holds us accountable to what we said we were trying to achieve
- Helps build a team-based process for leading a project
- Provides a way to make decisions
 - Does an activity fit within the logic model?



KIPBS and Regional Planning

Purpose: To increase interagency collaboration and build unified PBS efforts within regions in Kansas

Regional Interagency Planning is Starting in an Area Near You:

- Southeast Kansas
- Salina Area
- Shawnee Mission
- Topeka (coming soon!)



Southeast Kansas Positive Behavior Support Regional Planning-Initial Committee Meeting

November 4, 2009

Kelcey Schmitz
University of Kansas

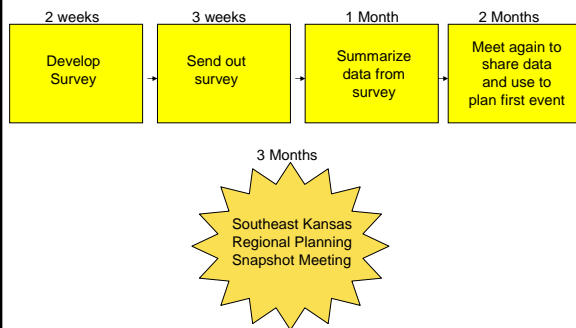
Initial Meeting-Agencies represented

- Allen, Neosho, Woodson, Wilson Special Education Cooperative (ANW Coop)
- SEK Interlocal #607
- Kansas Parent Information and Resource Center
- Head Start
- Tri Valley Developmental Services
- KIPBS-KU


Potential Partnering Agencies

- Identified potential partnering agencies
- Identified individuals at each agency
- Survey identified individuals/agency
- Gather/Summarize Data and utilize to plan an event including potential partnering agencies

Timeline



School-wide Positive Behavior Support

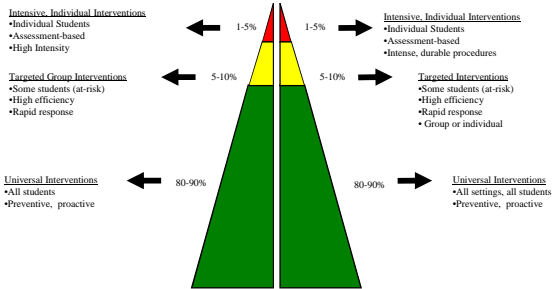
 Kansas
Multi-Tiered System of Support



Designing School-Wide Support Systems for Student Success

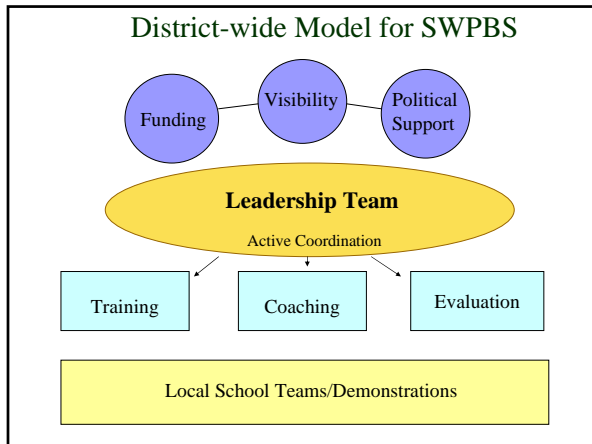
Academic Systems

Behavioral Systems



School-wide Positive Behavior Support and KIPBS

- Consortium of Districts implementing SWPBS
- 8 districts over 50 schools implementing during 2009-2010
- Team and coach training through contracts and regional collaboration
- KIPBS tertiary training used to build district capacity



- ### Examples of Districts Implementing School-wide Positive Behavior Support
- El Dorado School District
 - Eudora School District
 - Gardner/Edgerton School District
 - Haysville School District
 - Kansas School for the Deaf
 - Parsons School District (Lincoln Elementary)
 - Salina School District
 - Shawnee Mission School District

- ### Example: Salina District Leadership Team (First Implementation Year)
- Salina School District Leadership Team action plan
 - Identify behavioral expertise within the district and schools
 - Identify a district tertiary team
 - Recruit community professionals to participate in KIPBS training
 - Case studies from KIPBS are implemented in schools implementing PBS
 - Some team members audit KIPBS and collaboratively learn the process without putting in as much time

**Salina Regional Planning Example
Revisited**

- District leadership team implementing SWPBS
- Team attends KIPBS training launch including the following members
 - District Coordinator
 - 2 mental health professionals
 - Elementary school coach
 - Counselor (high school)
 - 2 high school administrators (auditors only..sit in when they can)

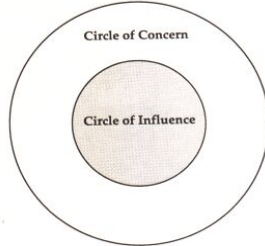
*“How can I help encourage
PBS in my region?”*

Consider Steven Covey’s *The 7 Habits of Highly Effective People*:

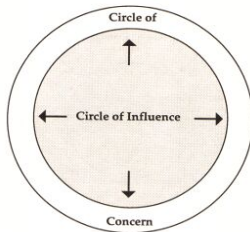
"Habit 1: Be Proactive" is particularly useful when you feel powerless against life's forces.

Examine what you *can* do instead of focusing on worries over which you have no real control.

1. First notice all your concerns (Circle of Concerns).
2. Among those concerns, determine where you can take action (Circle of Influence).



3. Think of ways to be more proactive and address the things you can do something about. Your Circle of Influence will enlarge and your Circle of Concern will shrink.



Covey also distinguishes between the *have's* ("If only I had...") and the *be's* ("I can be...").

- Focusing on what you don't like is disempowering.
- Focusing on what you can do is proactive and empowering.
- Steven Covey quotations:
 - Begin with the end in mind.
 - Live out of your imagination, not your history.
 - The best way you can predict your future is to create it.
 - If you put good people in bad systems you get bad results.
 - Accountability breeds response-ability.

Ideas for Getting Started

- Join us in PBS-Kansas
- Learn more about what schools and organizations are doing in your area
- Request a KIPBS presentation in your region
 - Send an email to patk@ku.edu
- Visit the PBS websites and become more informed
- Consider applying for the KIPBS training
 - Audit
 - Full Course

Websites in Kansas

- PBS-Kansas
 - www.pbskansas.org
- Kansas Institute for PBS
 - www.kipbs.org
- Kansas Schoolwide PBS
 - www.swpbs.org
- Beach Center on Families and Disability:
 - <http://www.beachcenter.org/>
- KSDE Website
 - www.kansasmtss.org

National Websites

- International Association for PBS:
 - www.apbs.org
- National PBIS Center: www.pbis.org
- Center on the Social and Emotional Foundations for Early Learning (CSEFEL)
 - <http://www.vanderbilt.edu/csefel/www.html/>
- Technical Assistance Center on Social and Emotional intervention
 - <http://www.challengingbehavior.org/>